ZENTRIC ACADEMY

Cybersecurity Defense Fundamentals: Blue Team Essentials

Learn how security teams monitor, detect, and respond to real threats before they turn into breaches.

Level: Intermediate Duration: 7 weeks, 5-7 hrs/week Language: English

Curriculum

1. Defensive Security Foundations

- Blue Team vs. Red Team: Roles Explained — 14 min
- The Security Operations Center (SOC) — 18 min

2. Network Security Monitoring

- Firewalls, IDS, and IPS Explained — 24 min
- Reading Network Traffic and Logs — 26 min
- SIEM Fundamentals — 28 min

3. Threat Detection

- Recognizing Common Attack Patterns — 24 min
- Malware Analysis Basics — 22 min
- Alert Triage and Prioritization — 20 min

4. Incident Response

- The Incident Response Lifecycle — 22 min
- Containment and Eradication — 20 min
- Post-Incident Review and Documentation — 18 min

5. Hardening & Prevention

- System Hardening Basics — 20 min
- Patch Management and Vulnerability Management — 18 min

6. Career Path in Defensive Security

- Certifications Worth Pursuing — 16 min
- Building a Home Lab — 18 min

Pricing

Self-Paced | One-time payment, lifetime access	Rs 25,999 (was Rs 43,000)
Live Sessions | One-time payment, includes live cohort access	Rs 72,999 (was Rs 130,000)
1-on-1 | Per engagement, scheduled with your mentor	Rs 180,999 (was Rs 324,000)